

NE Region Compiled Report

February 2016

CHNS/CHPS

Karen Davis

- Educated 130 7th – 12th grade students in 6 presentations at Sloan Hendrix School in Lawrence County on the Harms of Tobacco. Educated 130 7th – 12th grade students in 6 presentations at Sloan Hendrix School in Lawrence County on the Dangers of Texting and Driving
- Educated 80 7th – 12th grade female students in 5 presentations at Sloan Hendrix School in Lawrence County on STDs and Teen Pregnancy including FAS
- Educated 90 7th – 12th grade male students in 5 presentations at Sloan Hendrix School in Lawrence County on STDs and Teen Pregnancy including FAS
- Matter of Balance Training at New Haven Church in Greene County. Harms of Tobacco were included in this training. 8, 2 hour trainings provided. Partnered with NE/CHNS
- Matter of Balance Training at Sunshine Manor Retirement Home in Greene County with 12 participates. Harms of Tobacco were included in this training. 8, 2 hour trainings provided. Partnered with NE/CHNS

Cindy Schaefering

- Northcentral Educational Co-op: Hearing and Vision Screening training for school nurses. Facilitated the BMI training done by NE/CHPS at the coop. Presented Scoliosis training for school nurses (2 days)
- Held a Paraprofessional training class for the RN's of Southside and Concord schools.
- Provided the Shaken Baby Syndrome presentation to the Parenting class at Melbourne High School. There were 11 students present.
- STD-Teen Pregnancy presentation provided at the Guy Berry School in Mountain Home. There were 50 students present.
- Presentation on blood pressure provided to the parent groups of Melbourne and Calico Rock Head Start. There were a total of 7 parents participating.

- Tobacco Education provided to the personal care aides in IZARD County at their quarterly in-service meeting. There were 21 in attendance for the presentation.
- Partnered with Cave City School Nurse with the teaching and practicum of CPR for the students in the CNA class. There were 17 students in the class.
- Provided Oral Health Education in conjunction with IZARD Co. Ext. Agent for the 3rd grade students at ICC Elementary. There were a total 31 students and 2 adults present.

Laura Cook

- Assisted NE/CHNS with 2 Matter of Balance Trainings (*16 session's total*) at New Haven Baptist Church and Southern View Retirement Home in Paragould.
- CREC Scoliosis and Obesity Certification Training for New School Nurses 10 participants. Programs-Hometown health, Wellness and Tobacco Control/Smoking cessation. Education provided about the dangers of smoking and proper healing if someone undergoes surgery for scoliosis. Also educated them on how the SOS quitline works and gave them the contact information.
- CREC Early Childhood Education: Programs-Tobacco Control/smoking cessation - Emerging Tobacco Products, Hometown health, heart disease/stroke/HTN, Wellness. Educated participants on the Emerging Tobacco Products while including harms of tobacco and SOS quitline information. Also, educated them on how to respond in certain emergencies related to cardiac arrest in infants, children and adults by providing instruction in CPR and AED use.
- Jonesboro High School 5 presentations/152 participants: Programs-AIDS/HIV/STD, Family planning (teens), Hometown Health, Infant Mortality, Injury and Violence Prevention, Tobacco Control/Smoking Cessation. Educated students on Fetal Alcohol Syndrome, Shaken Baby Syndrome and Drug exposed infant using Reality Works program. Included also education about how smoking affects pregnancy and informed students about the services the Health Department offers to them including family planning, testing for STD, HIV, and pregnancy and birth control options. (presentations provided on different days)
- Attended Wynne Wellness Committee Meeting and assisted with the School Health Index and introduced them to NE/ CHP

Becky Lamb

- Provided (5) STD and Teen Pregnancy presentations for Pangburn High School Students. I partnered with NE/ CDNS to provide prevention education to high school students. Becky Snodgrass presented information on the prevention, symptoms and treatment of Sexually Transmitted diseases. Students received brochures on Herpes, HPV, Syphilis,

Gonorrhea, Chlamydia and HIV/AIDS. CDNS gave students a chart that demonstrates how having multiple sex partners increases their risk of getting sexually transmitted diseases.

- I viewed the webinar: Nursing Care for Students with Chronic Conditions: Shared Use of Electronic Health Records by Health Systems and Schools.
- I presented Scoliosis Screening Certification for School Nurses at the Freeway Medical Building.
- I attended the Break the Cycle course in Little Rock.
- I provided (2) Suicide Awareness Presentations for New Hope Specialized Industries in Searcy. There were 32 adult participants. The presentations covered: language, statistics, and myths about suicide, warning signs and risk factors, basic Intervention skills, and the aftermath of suicidal behavior.
- SHI technical assistance and training to Pangburn School District Wellness Chair.
- BLS Recertification for Health Unit Nurse

Regina Alexander

- Attended Arkansas Minority Barber and Beauty Salon Health Initiative conference call; provided insight about radio and TV segments; I am to provide more information about length and dates for TV and radio segments as well as find speaker to AR SAVES. Certified Public Health Educator and CHPS will conduct Nutrition Education at Health Initiative
- Attended Healthy Mixer created by Valley View health teacher; we discussed the importance of nutrition and healthy meal and snack alternatives. Educated 20 adults regarding physical activity and Act 811
- Conducted hygiene presentations to at least 100 5th and 6th grade students at Marmaduke Elementary School regarding hygiene with additional of tobacco harms, ACT 811, Smoke Quit line, oral health, and nutrition
- Conducted oral health presentations to 140 Brookland Elementary School (1-3rd) students which included tobacco, Act 811, cancer, nutrition, and physical activity. Student were also shown video title, Geena Big Tooth Adventure and we discussed the importance of proper oral health. Students demonstrated brushing teeth and flossing correctly. We also discussed bicycle safety. Conducted Oral Health Presentation to 80 Kindergartners and 1st grade at Brookland Elementary Schools; we also discussed teeth brushing, flossing, tobacco, ACT 811, and nutrition
- Educated 6 school nurses about Obesity Prevention Education and conducted BMI Training at North Central Cooperative. Conducted Nutrition presentation to 10 Melbourne High School Students; we discussed my plate, sugary drinks, importance of water and exercise and tobacco.

- Conducted hygiene presentations to 50 Weiner Elementary School students; we discussed nutrition, physical activity, tobacco, ACT 811, and oral health. Students also watch two video regarding hand washing and oral health. Conducted tobacco presentations to 50, 5th & 6th grade students at Weiner Elementary; we discussed smokeless tobacco, diseases related to any tobacco use, ACT 811, tobacco quit line number and resources, importance of nutrition and physical activity, and oral health.